

4-FOLD SYMMETRY IN HUMAN PHYSIOLOGY



BY JAYSON WARNOCK

ABOUT

My purpose is this will lead to a new era of understanding human physiology.

I've been thinking about this since the summer of 1990. I remember realizing that our deltoids were "analogous" to our gluteus maximus, which implied we could pull our "analogous" head out of your ass.

That crude joke keeps leading me back to thoughts of 4-fold human symmetry. If an arm is built like a leg, and a hand is built like a foot, what other structures ABOVE and BELOW the naval are "analogous"?

Turns out there are a lot of them. Ten (10) illustrations to show what I've suspected for over 30 years.

I'm not a credited scientist or anatomist. There seems to be a hidden pattern in the human body that is not talked about.

Does everyone else realize this but just doesn't talk about it?

4-fold human symmetry may be a new thought?

This research is ongoing. It isn't meant to be complete, or the final word in this subject.

Science evolves to better conclusions over time.

Here is my attempt to convey this information to everyone.

The graphic approach is greatly simplified for easy understanding.

Jayson Warnock – September 2021



Acknowledgments:

Stephen Rogers Peck – book *“Atlas of Human Anatomy for the Artist”*

Peck's book has the best anatomical renderings in my collection.

He broke down the anatomy in a way that help me CONFIRM what I was suspecting.

Illustrations from this book are used liberally through out.

Burne Hogarth – book *“Dynamic Anatomy”*

Hogarth's book is where I first SEE the connection between arm muscles and leg muscles.

Ironically, Hogarth's renderings are so fluid and stylized,

I didn't include them in this presentation.

I preferred to stick to the topic and not wander into the artistic harmony of anatomy.

Thanks to all the internet graphic artists who unknowingly contributed.

I used in the spirit of fair use for educational purposes.

Lastly thanks to my numerous teachers, friends,
and family,
especially my wife Patricia.

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4-FOLD HUMAN SYMMETRY

SERIES 1, PLATE #1 OF 3



5 FINGERS = 5 TOES

HANDS AND FEET ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

SERIES 1, PLATE #2 OF 3

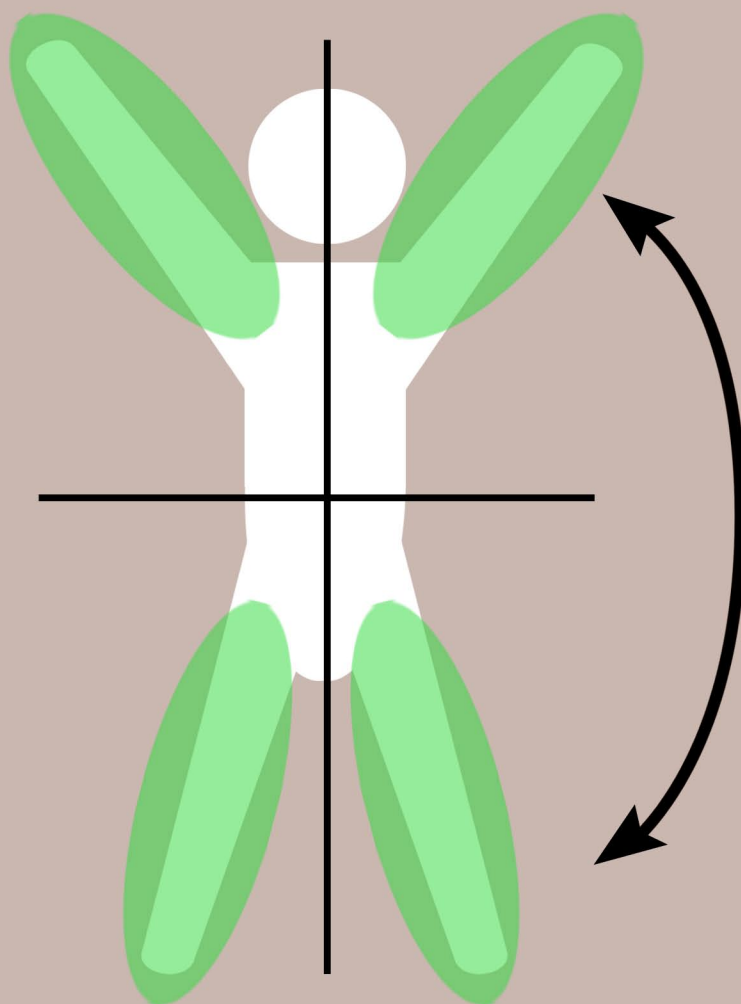


BOTH ATTACH TO THE BODY BY
A BALL JOINT

1

2

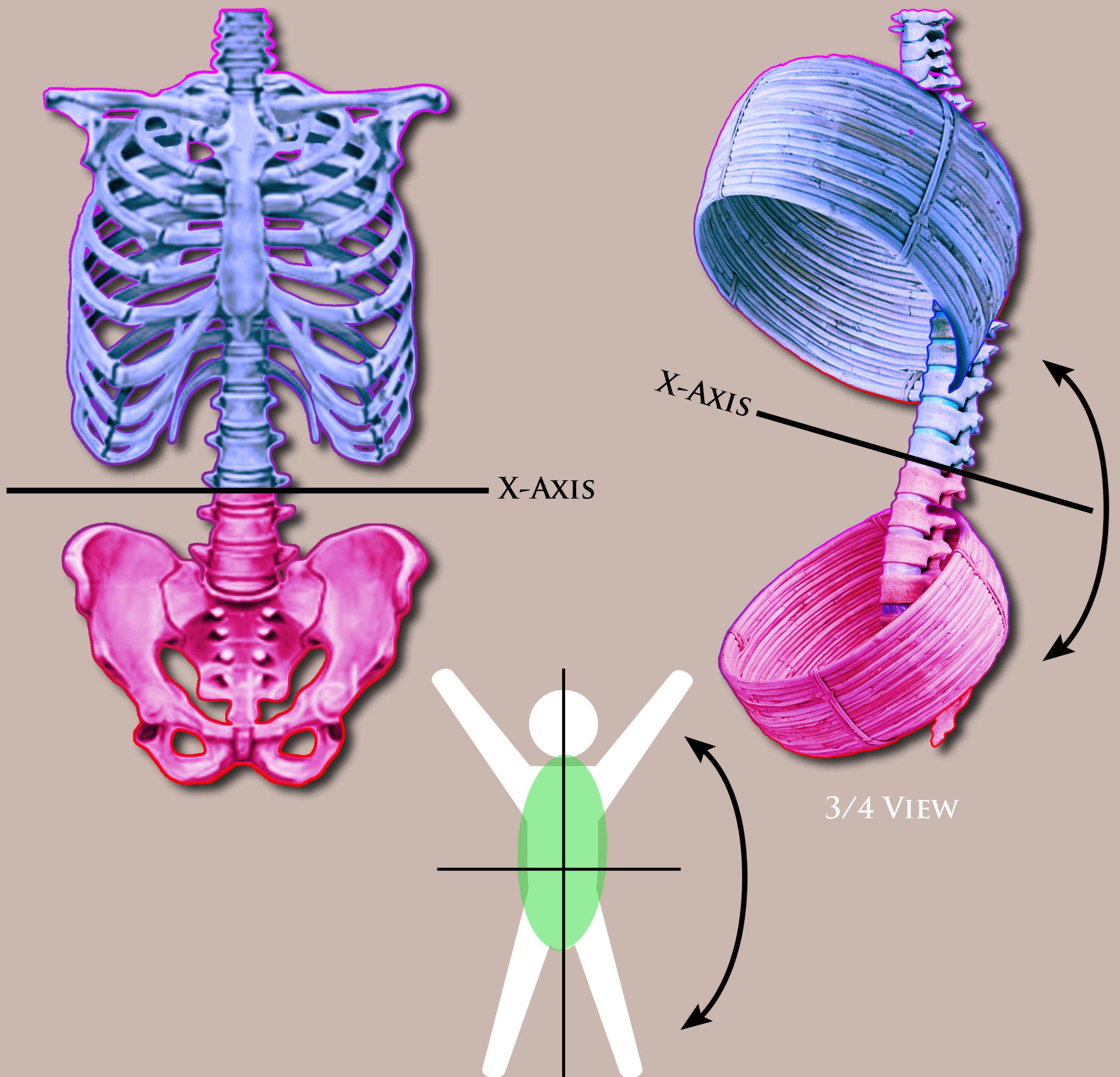
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ARMS AND LEGS ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

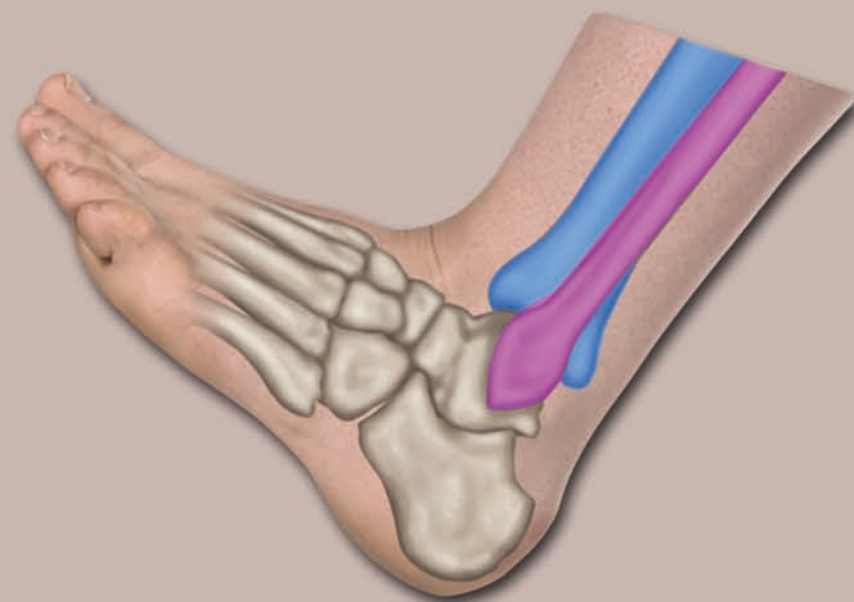
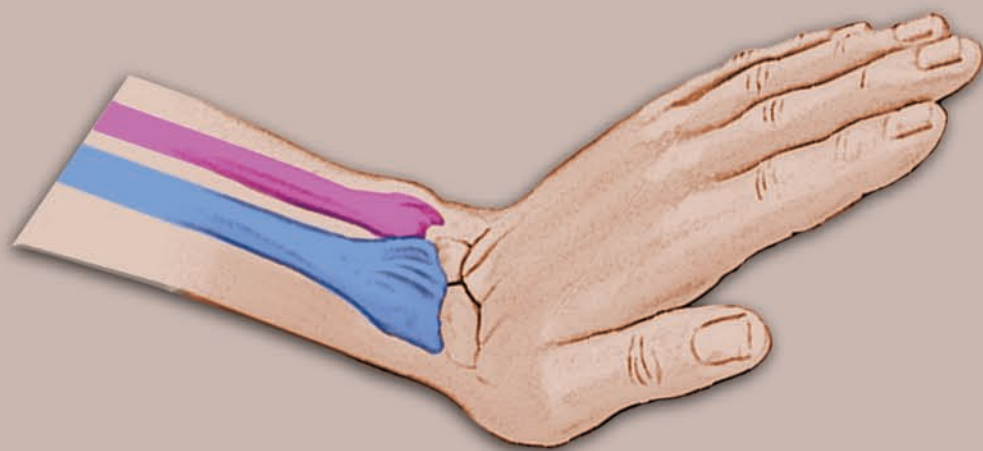
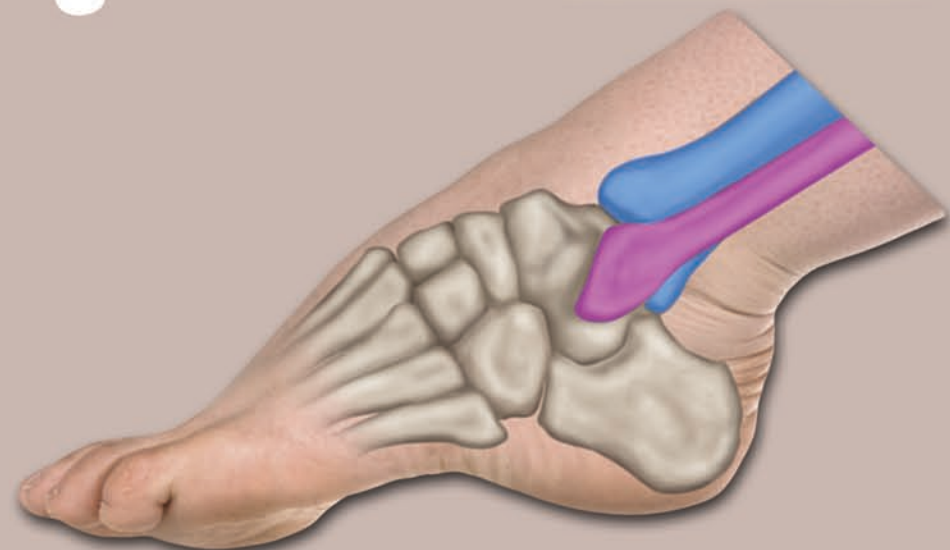
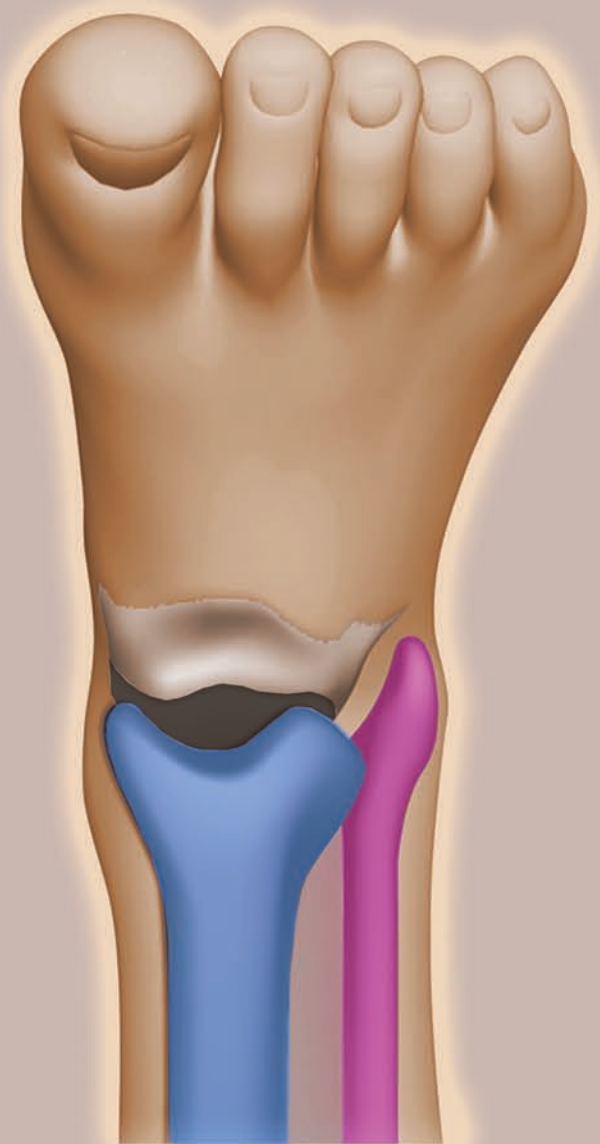
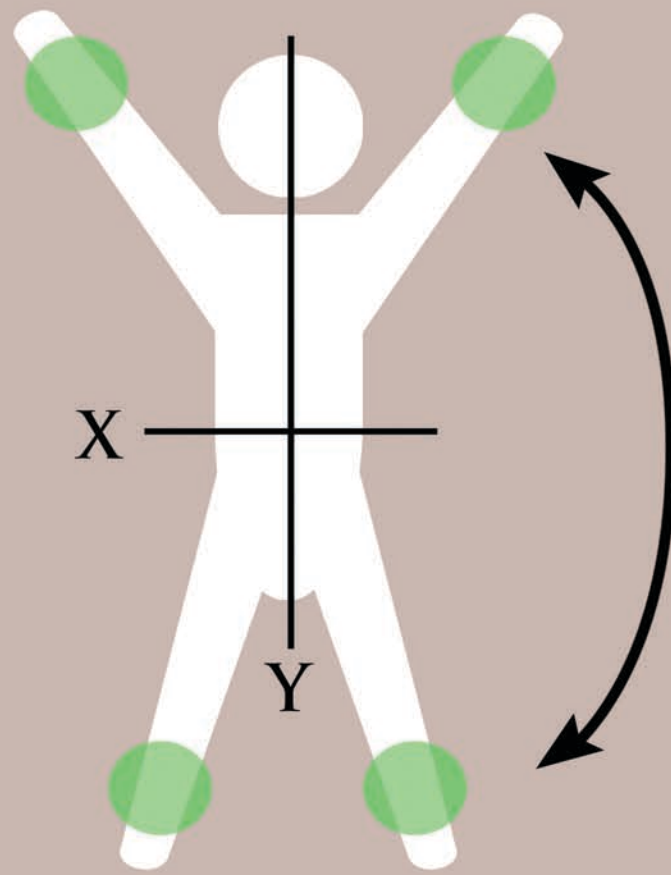
SERIES 1, PLATE #3 OF 3



PELVIS AND RIBS ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

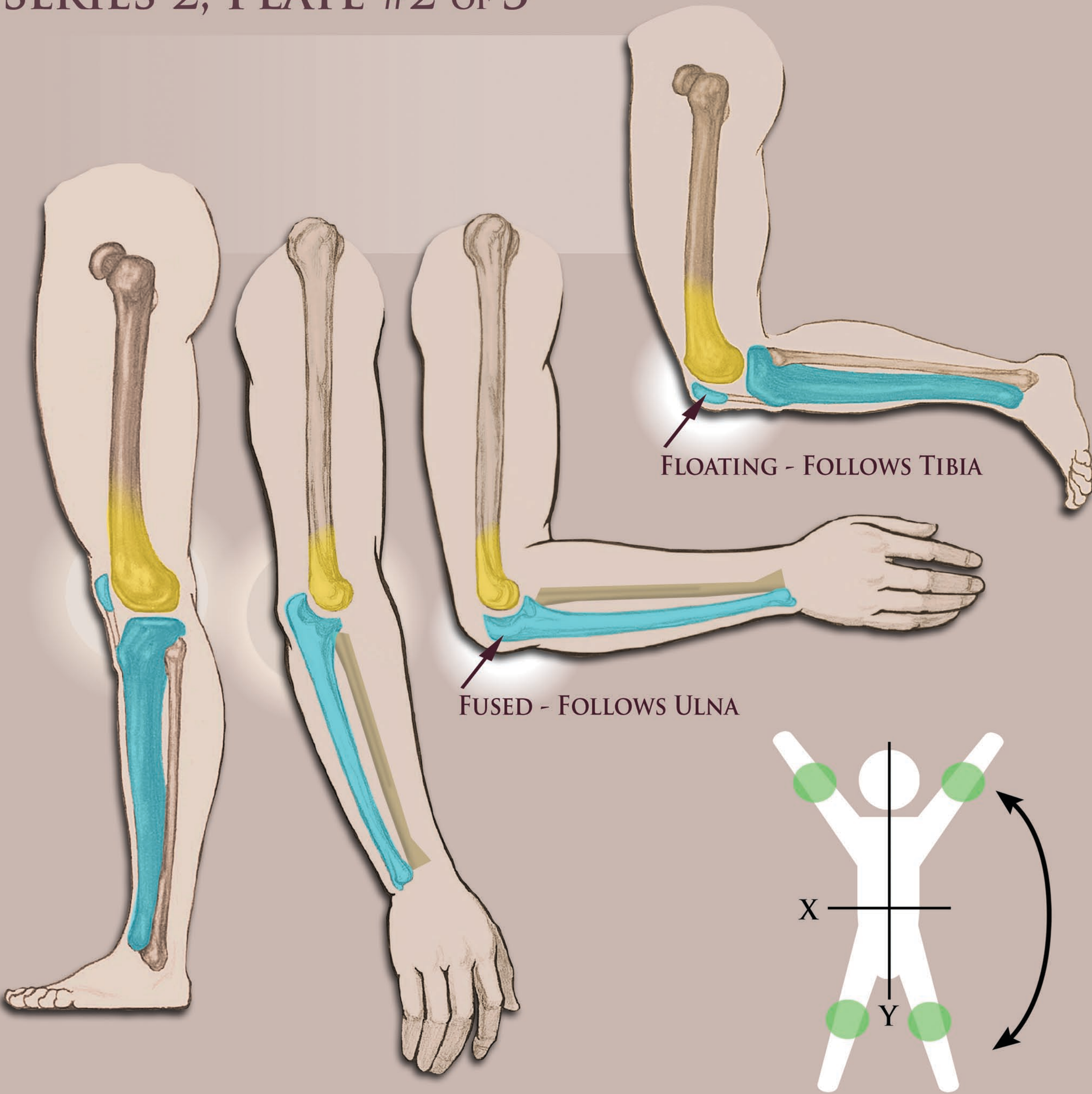
SERIES 2, PLATE #1 OF 3



WRISTS AND ANKLES ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

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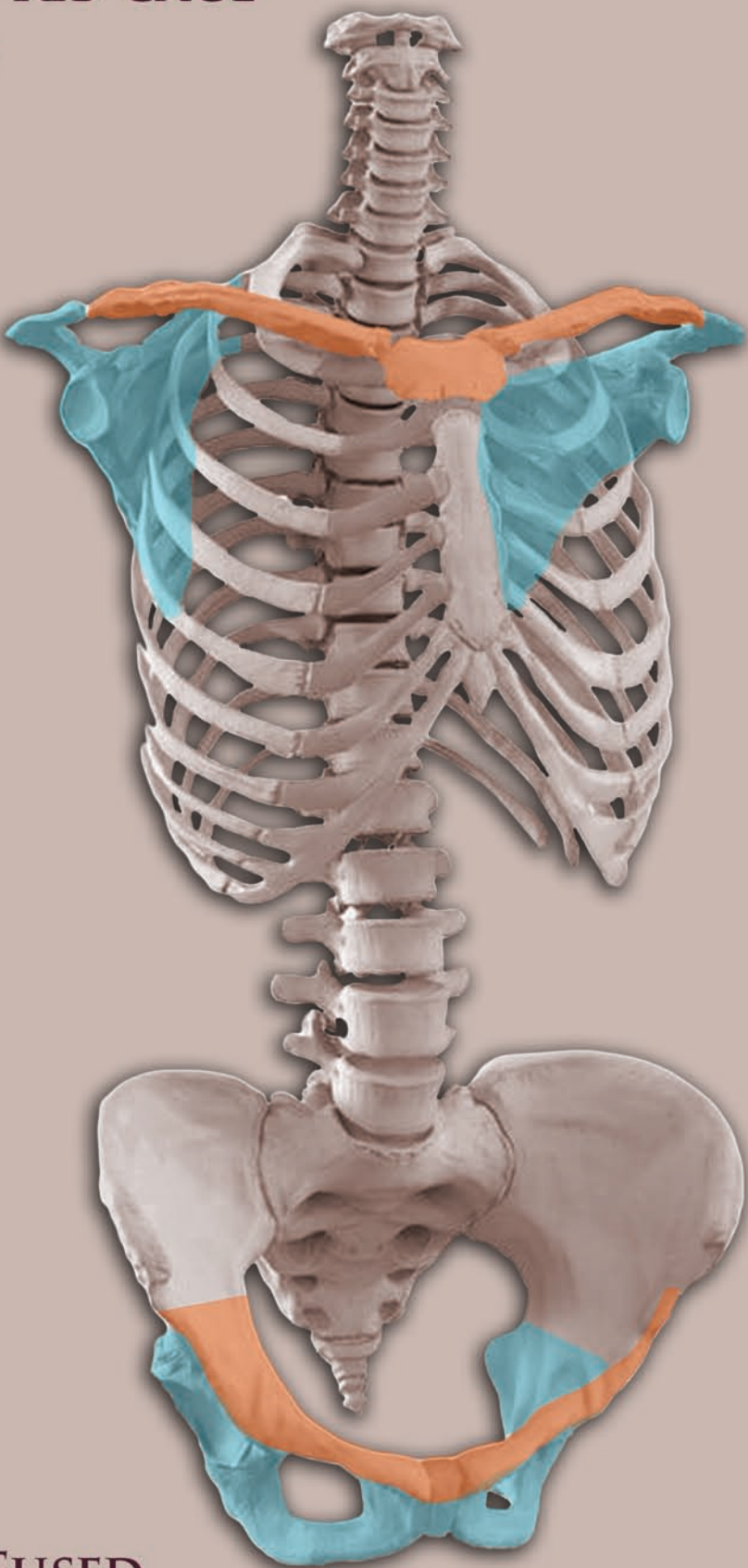
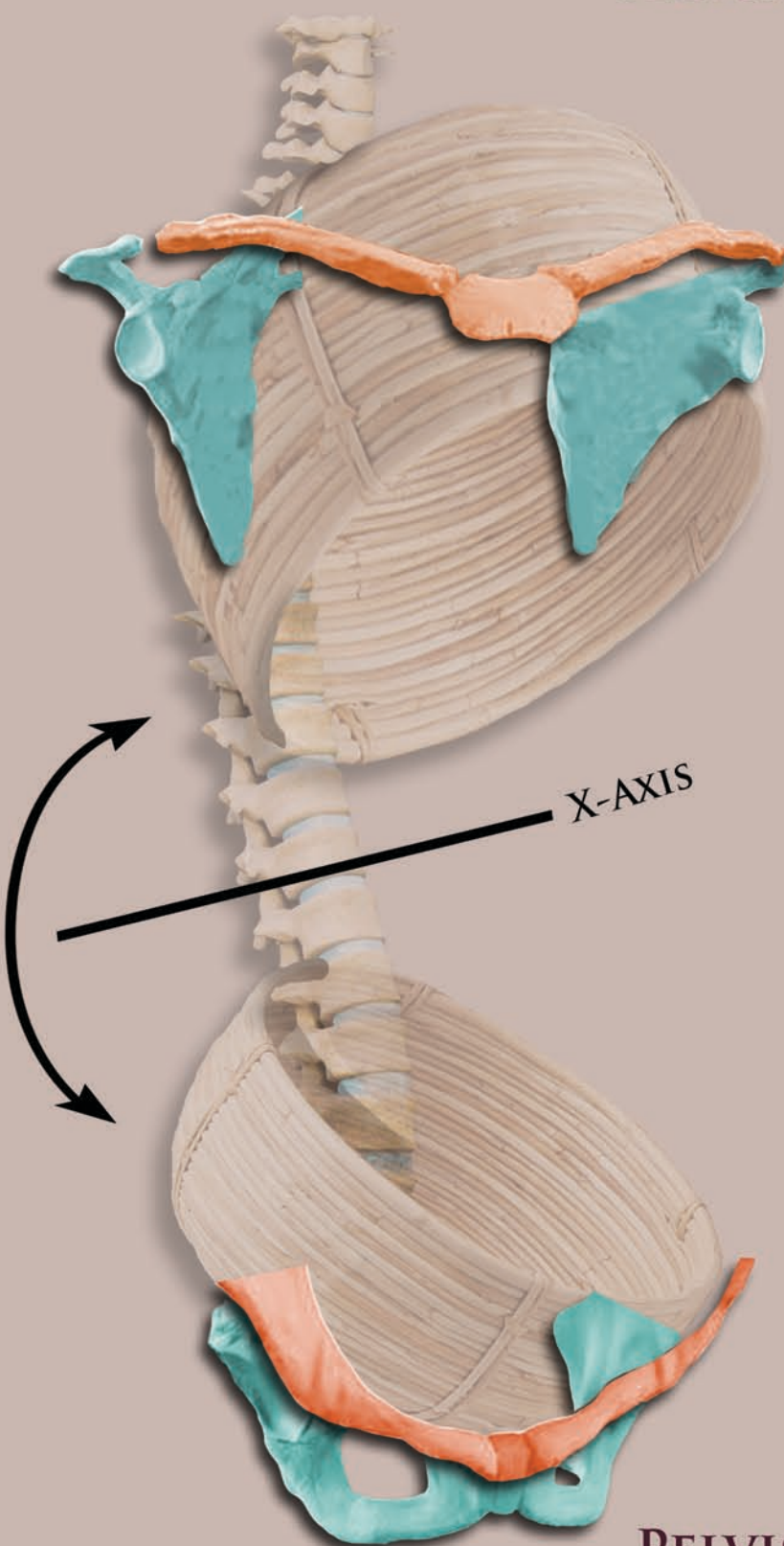
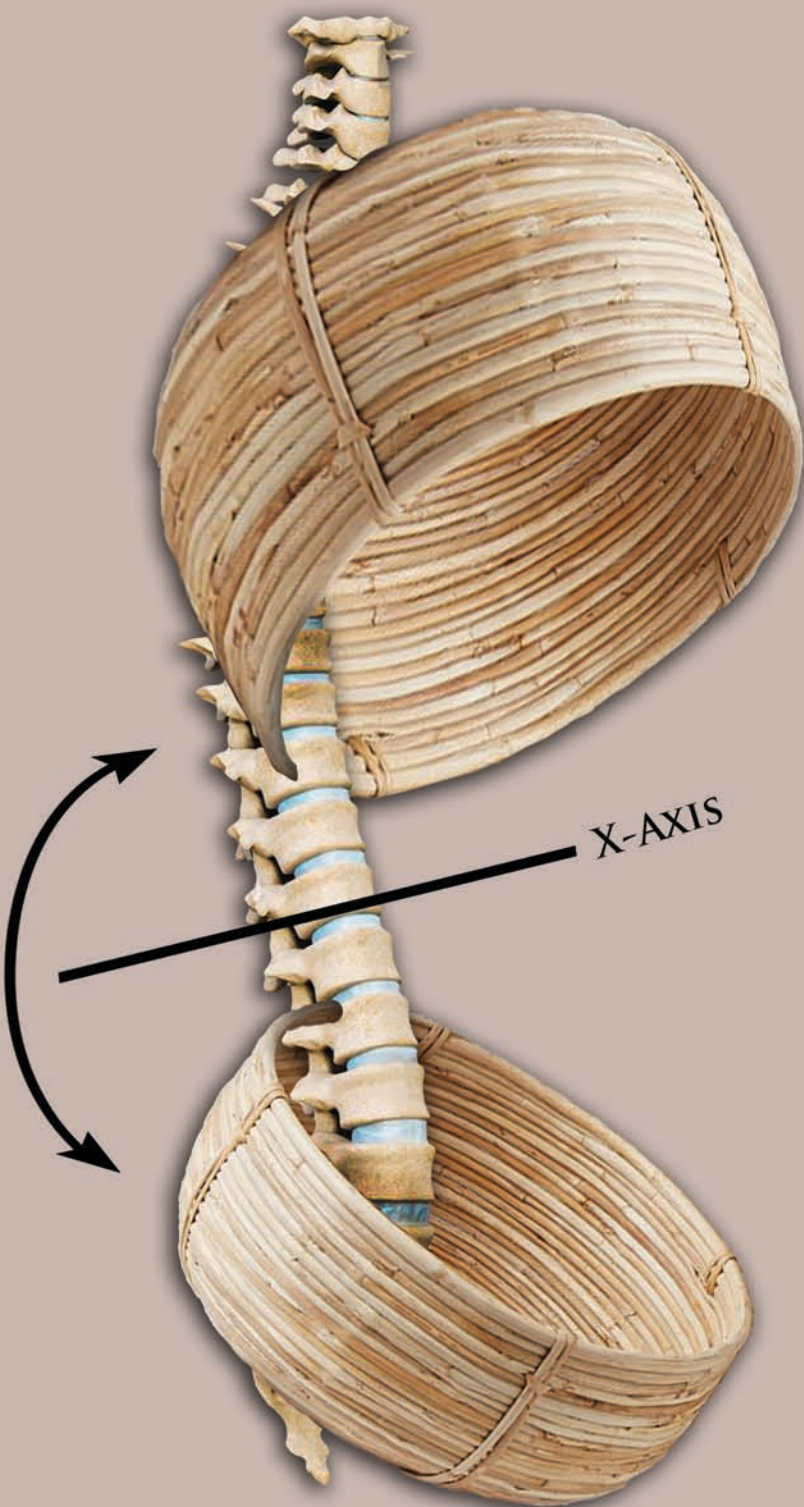


ELBOWS AND KNEES ARE BUILT THE SAME

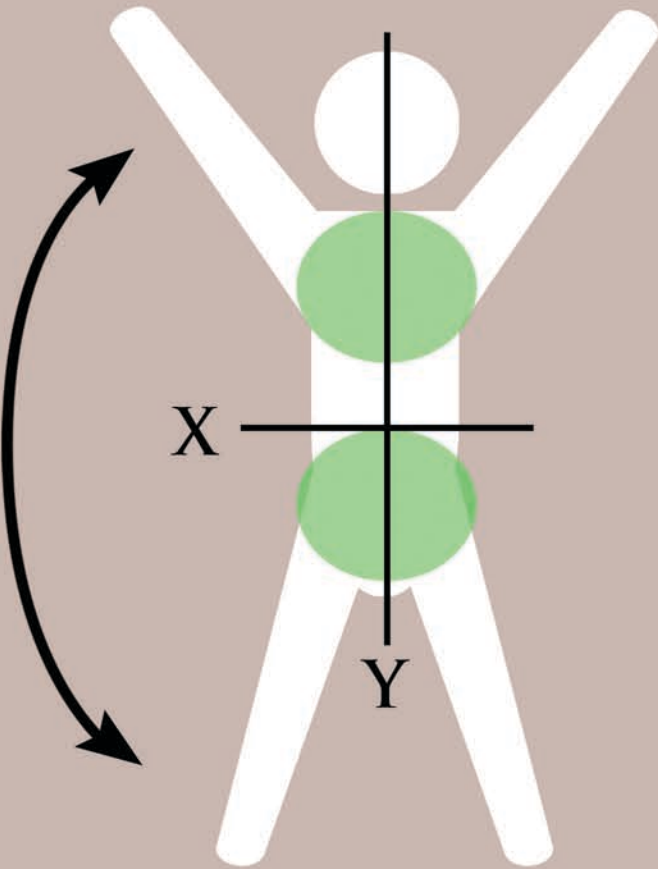
4-FOLD HUMAN SYMMETRY

SERIES 2, PLATE #3 OF 3

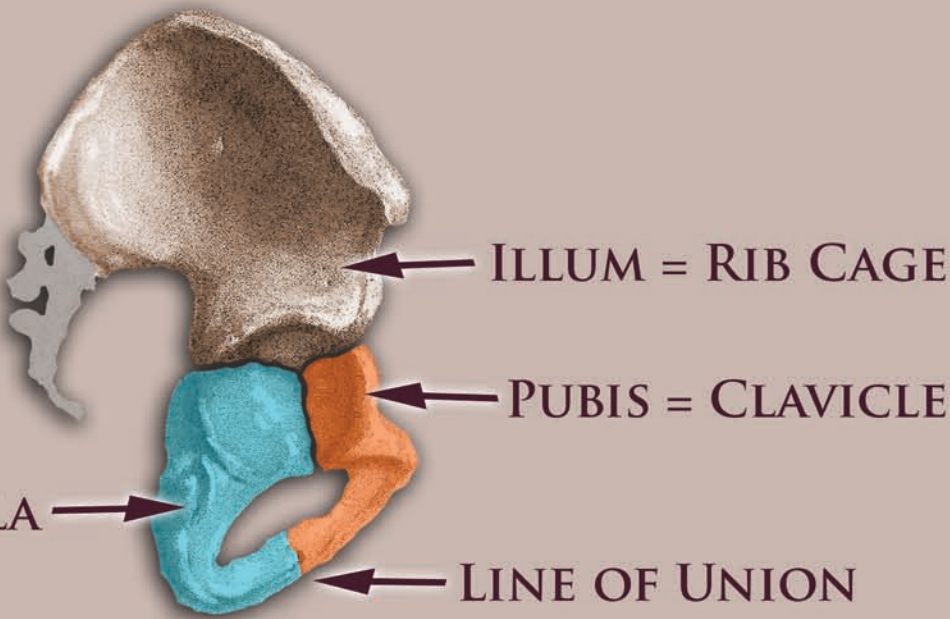
CLAVICLE / SCAPULA / RIB CAGE
= FLOATING



PELVIS = FUSED
CLAVICLE / SCAPULA / RIB CAGE



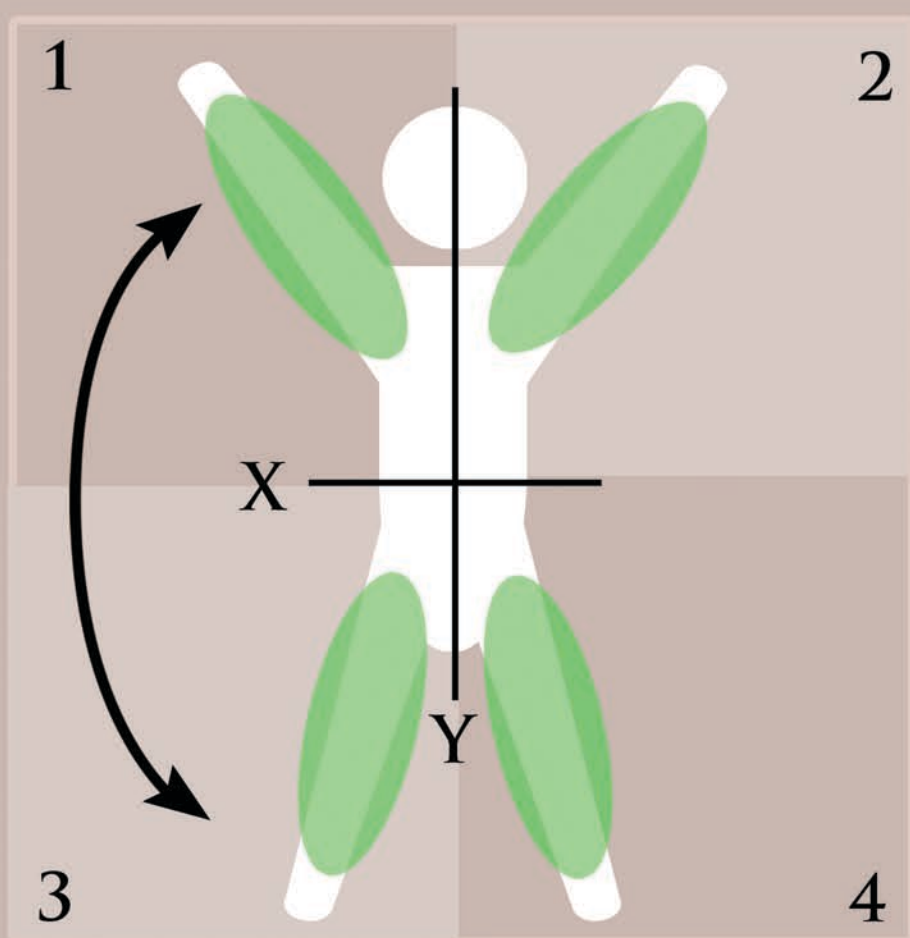
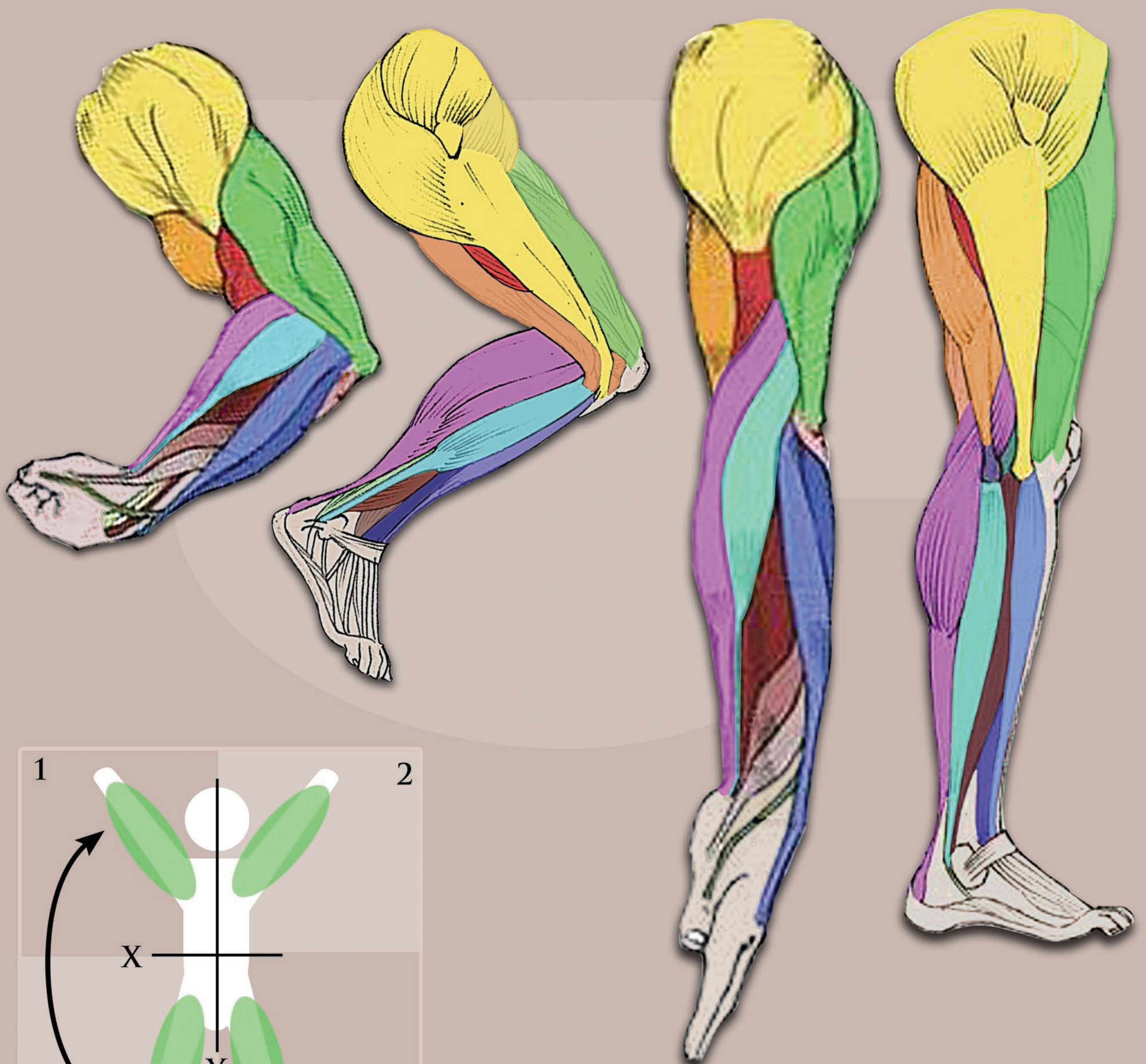
PELVIS BONE
- SIDE VIEW -



SHOULDERS AND HIPS ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

SERIES 3, PLATE #1 OF 4

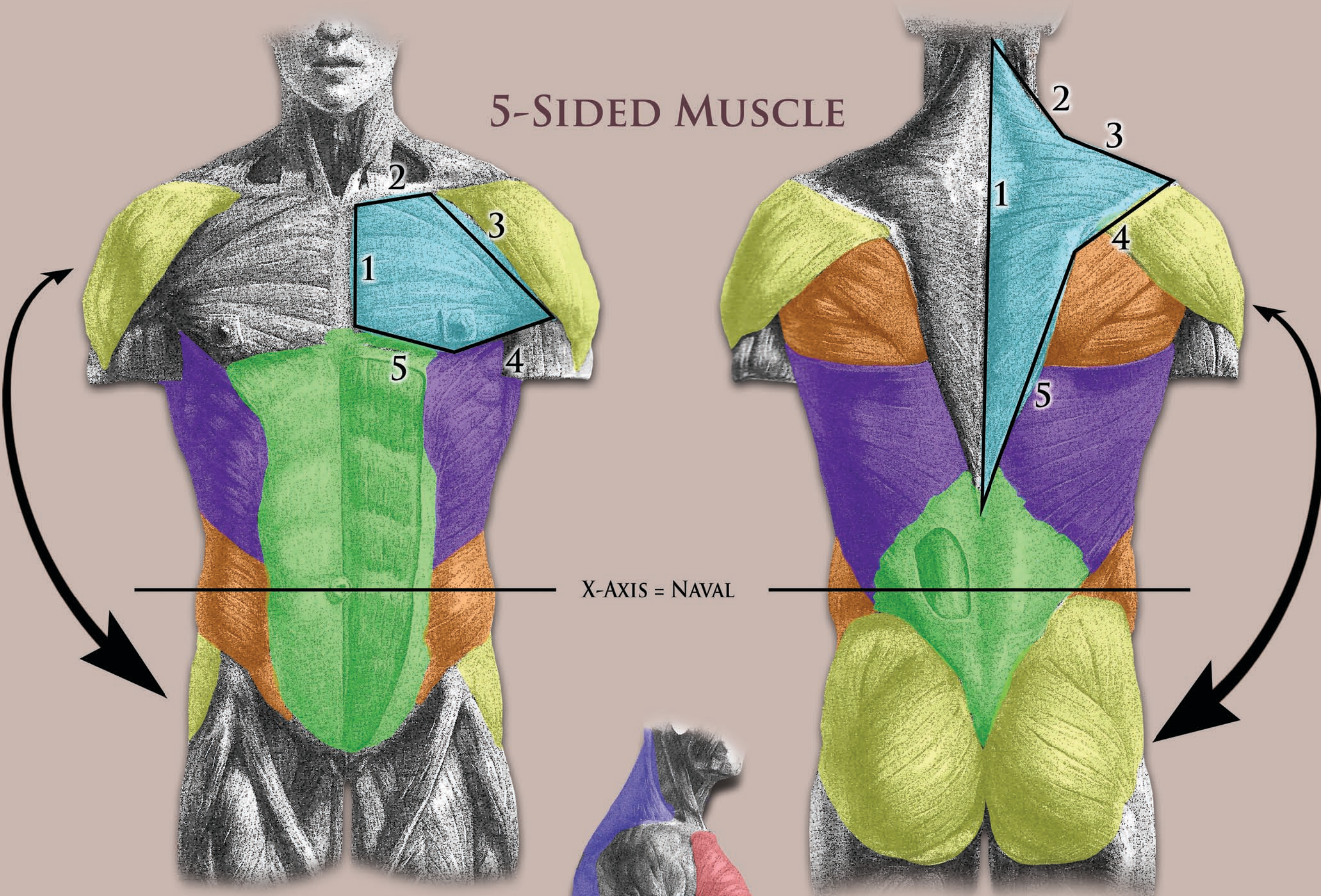


ARM AND LEG MUSCLES ARE BUILT THE SAME

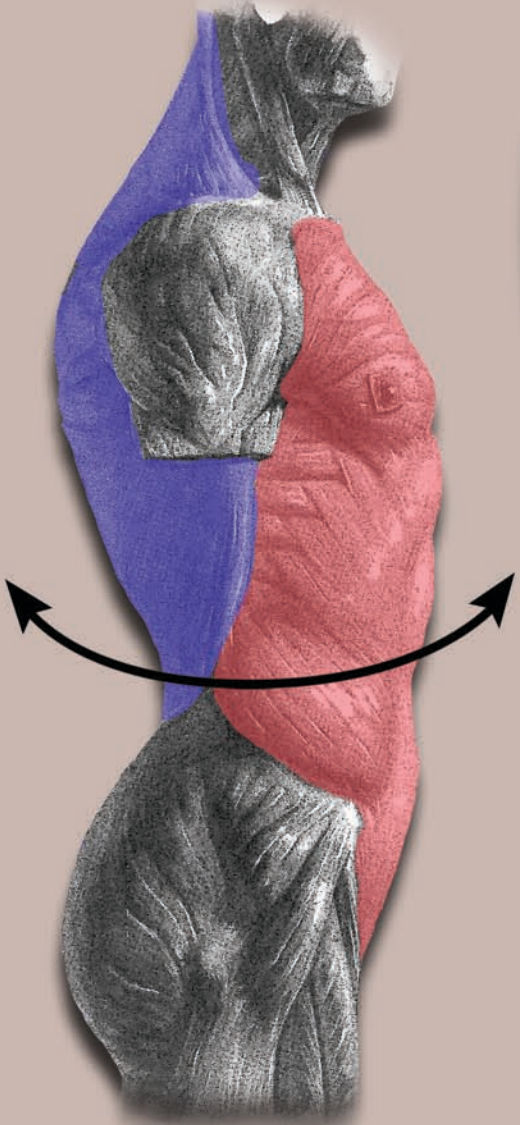
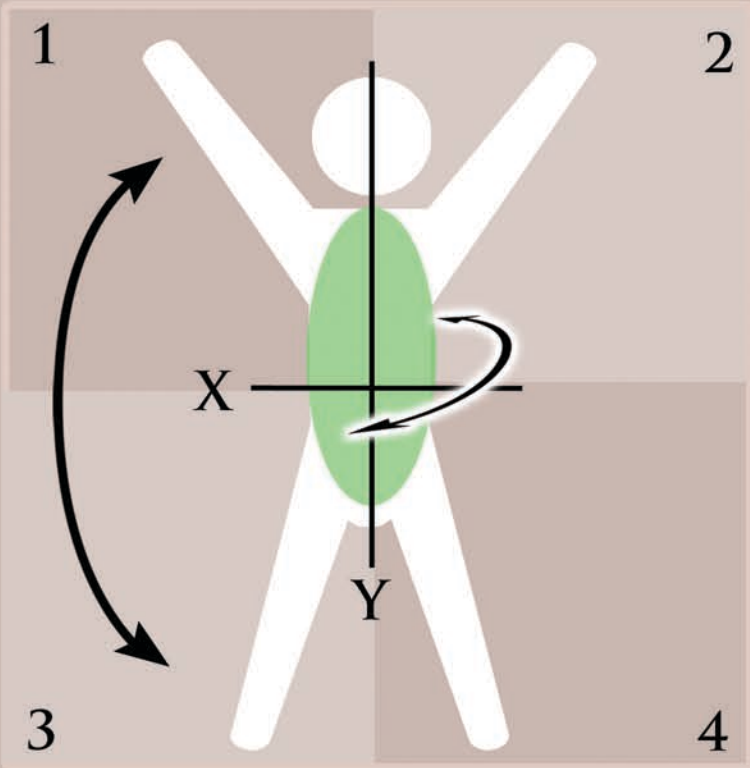
4-FOLD HUMAN SYMMETRY

SERIES 3, PLATE #2 OF 4

5-SIDED MUSCLE



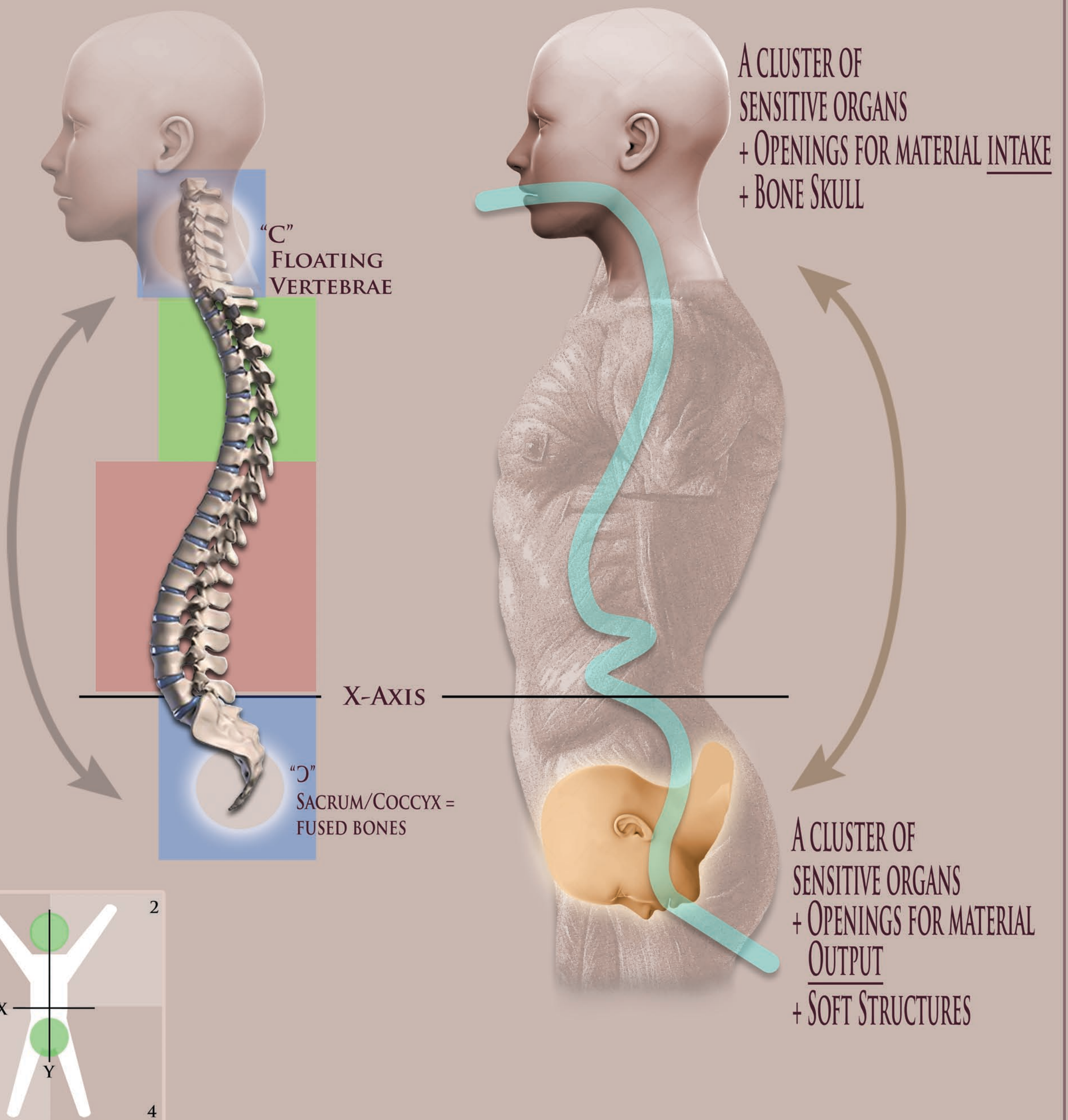
GLUTEUS MAXIMUS/MEDIUS = DELTOIDS



ABDOMEN AND BACK MUSCLES ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

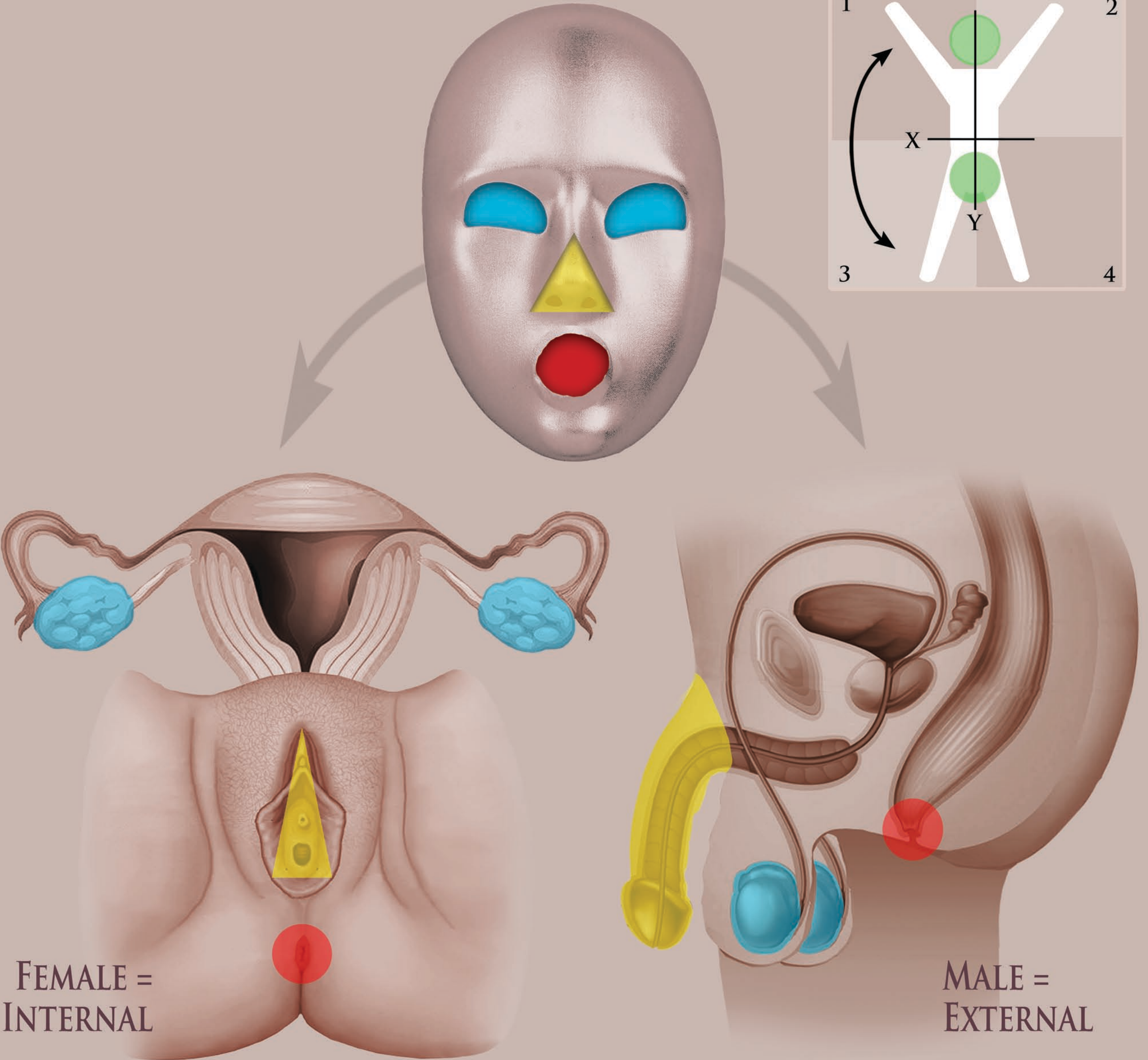
SERIES 3, PLATE #3 OF 4



NECK AND SACRUM/COCCYX ARE BUILT THE SAME

4-FOLD HUMAN SYMMETRY

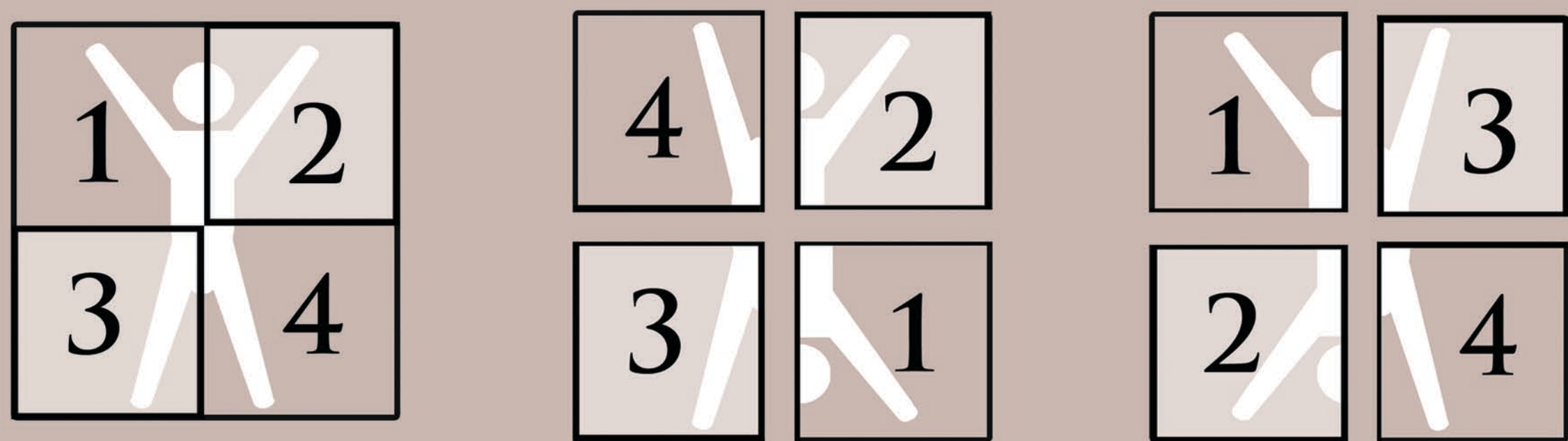
SERIES 3, PLATE #4 OF 4



HEAD AND GENITALS ARE BUILT THE SAME

CONCLUSION:

Humans have a line of symmetry along the X-axis, in addition to the Y-axis symmetry.
Human symmetry is easy to see in the Y-axis. Bilateral symmetry (Y-axis symmetry) accounts for LEFT and RIGHT human symmetry.
Two (2) hands, feet, arms, legs and, eyes.
X-axis symmetry is TOP and BOTTOM symmetry. The X-axis line of symmetry runs horizontally at the height of the human naval.
It may seem like a new way of looking at our human physiology.
On TOP of the human torso is the head. A cluster of sensitive organs that intakes materials like food, air and liquids.
On the BOTTOM of the human torso is also a cluster of sensitive organs that output materials like stool, urine and semen, cyprine.
Our human heads are analogous to our genitalia.
We are built from quarters, not just halves.



NOTES:

[illegible]

